

Detroit Mercy Name: _____

Detroit Mercy T-Number: _____

DETROIT MERCY UNIVERSITY RECREATION LIABILITY WAIVER

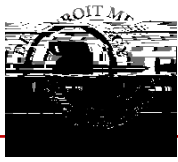
Risk Statement

Use of the Fitness Center or participation in any University Recreation programming is strictly voluntary and at your own risk. While individuals are solely responsible for their own health, please be advised that strenuous exercise may be a physical hazard to individuals with existing medical conditions. That said, it is recommended that each Fitness Center user receive a physical exam prior to vigorous exercise. Any injury or cost resulting from injury at the Fitness Center is the user's responsibility. If injury to any Fitness Center patron or employee should occur, prompt notification of University Recreation staff is required. [Note: Defibrillator is on site for emergencies.]

Regulations and Guidelines

Noncompliance of the following regulations will result in disciplinary action.

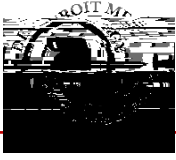
1. Authorized users include current Detroit Mercy students and employees.
2. Each user must read and sign this Liability Waiver.
3. Individuals must enter the Fitness Center through the main entrance via the south glass doors. Emergency exits are for emergency purposes only. Any individual who enters or exits through an emergency exit or prohibited door will be dismissed from the facility.
4. To prevent building access of unauthorized users, individuals may not hold doors open for other individuals. Entry into the building requires each Fitness Center patron to utilize his/her own ID card.
5. Any individual who knowingly allows students, staff, faculty, or any outside party access to his/her ID card for the purpose of entering the Fitness Center will be subject to disciplinary action by Public Safety. The individual's ID card will be confiscated. Obtaining a replacement card is that individual's responsibility.
6. Members of the Fitness Center are permitted one guest per visit. Guests must be at least 16 years of age.
7. All guests must sign in at the Front Desk with the Fitness Center Member to complete the Liability Waiver and provide a 912 0T912 0 61m2MCIDde current



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13. Food and drink are allowed in the lobby and around Tommy's. Food is not permitted beyond the lobby or on the second floor of the facility.
14. All personal trash is to be cleaned up and properly discarded. Plastic bottles are to be deposited in recycling bins, and sanitizing wipes for equipment cleaning



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Defacing the day lockers or lockers located in the locker rooms is not permitted. Violators will be charged. Individuals are to clean up after themselves in the restrooms and avoid any damage to the space. Hand dryers are for the use of hands only and are to be used appropriately.

For your safety, hanging on the exposed steel beams on both the first and second floors is not allowed. Hanging, sitting, leaning over or up against the railings surrounding the inside perimeter of the track is strictly prohibited.

Equipment and Furniture

All fitness equipment and furniture are to be used for their intended purpose and failure to do so will result in dismissal from the Fitness Center.

To maintain a sanitary environment, fitness equipment must be wiped down at the completion of use; sanitizing wipes are provided.

Any reckless or intentional damage or destruction of the Fitness Center's equipment or furniture, beyond ordinary wear and tear, will result in liability for repairs or replacement, and dismissal from the Fitness Center.

Writing on or defacing any of the basketballs, volleyballs, badminton birdies, or furniture will result in liability for replacing the damaged items. Hanging from the basketball rims or moving furniture from the lobby is strictly prohibited.

All sports equipment is to remain on the first floor. Throwing any objects, including balls, onto the track or second floor from the court floor is prohibited. Additionally, throwing objects or equipment from the second floor onto the court floor is not allowed. Any violations will result in dismissal from the Fitness Center.

The weights on the second floor are to remain in good condition for all users; therefore, chalk use is not permitted with free weights. To help prevent personal injury or damage to the weights, weights are not to be dropped, thrown, or banged together.

FAILURE TO ADHERE TO ANY OF THE REGULATIONS ABOVE WILL RESULT IN DISMISSAL FROM THE FITNESS CENTER.

I acknowledge that I have carefully read, understand, and agree to be bound by the above. Further, I voluntarily and without reservation agree, for myself and my heirs and personal representatives, to ASSUME ALL RISK for any personal injury, loss of life, or other loss and RELEASE, HOLD HARMLESS and INDEMNIFY Detroit Mercy and its trustees, officers, employees, and agents from and against any present or future liability, claims, demands, and causes of action arising out of or related to any personal injury, loss of life, or other loss sustained as a result of my use of the Fitness Center or my participation in any activity in the Fitness Center.

By signing below, I agree to be bound by the terms and conditions of this Agreement.

Guest Signature

Guest Name Printed

Date